

Welcome to Visit Us.

We will be pleased to show you around our simple, beautiful home at Il Carmelo, Ciampino after 32 years in the UK.

Please phone or email to ensure we are here and we are not closed for half-term or holidays!

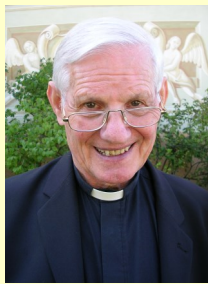


Some Participants' Comments.

"I go back full of new energy to begin again, I can now enjoy my leadership position and my relationships"

"I have discovered with joy what it means to be 'made in the image and likeness of God'. I take on leadership with the goal to bring understanding and love to all for whom I care and am privileged to serve.

"It was a wonderful year and it has been bearing fruit to this day. You opened my mind and heart and soul to so many possibilities and to so much wholesome living, that has been a daily inspiration. I am celebrating 60 years of religious life today and I thank God for every moment, especially for my time in St. Anselm's. "



The Institute of St. Anselm

was founded in 1985 by Fr Leonard Kofler MHM under Cardinal Basil Hume OSB. It was founded to train leaders and formators in the Church. Fr Kofler was a Mill Hill Missionary who was also an accredited psychotherapist, group psychotherapist, supervisor and trainer. He was ordained in 1959. In 1968 he took up further studies in sociology, psychology and pastoral theology and was in charge of formation at a minor seminary. In 1978 Fr. Kofler joined the staff of the Missionary Institute London as a lecturer. In 1980 he was elected president and continued to lecture and counsel till July 1985. He also gave lectures for London University Extra Mural Departments. He saw the need to train leaders for the Church. In 1985 he was seconded by his General Superior to Cardinal Basil Hume OSB to found the Institute of St. Anselm. Len Kofler 12-04-1935 to 28-04-2024

The Mission of the Institute of St. Anselm

To prepare and train leaders, formators and evangelizers at all levels in the Church. The Institute aims to develop self-awareness and a high EQ (Emotional Quotient) and SQ (Spiritual Quotient) in its participants through integrating the best of psychology with a deep spirituality and sound values. It takes place in the context of relationships and community living based on the model of the Blessed Trinity.

**Institute of St. Anselm, c/o Il Carmelo,
Via Doganale 1, Ciampino, 00043 Rome, Italy**

Director awaiting appointment

Deputy Director Fr. Estifanos Gebretsadik sdb

For further information please contact us:
+44 (0)1843 234700 awaiting Italian number

Email office@st.anselm.org.uk

Website www.st.anselm.org.uk

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Institute of St Anselm

All Programmes are in English

**International Centre to Train Formators,
Leaders and Evangelizers in the Church.**



Accreditation
Service for
International
Colleges



Further Information and Reports available on respective website

***A Lived Psycho-Spiritual
Journey in Christ.***

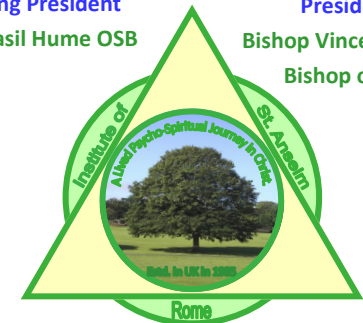
1985 to 2017 UK 2018 Rome, Italy

Founding President

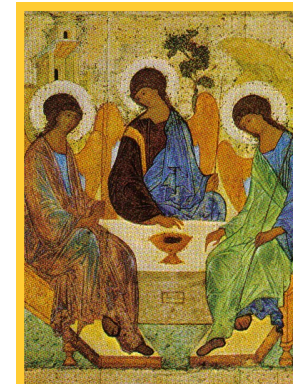
Cardinal Basil Hume OSB

President

Bishop Vincenzo Viva
Bishop of Albano



Founding Director Fr. Len Kofler MHM D.Soc., D.D., PhD.



**I have come
that they may
have life, and
have it to the
full.**

John 10:10



Garden Il Carmelo

1 Year Programme for Formators and Leaders

We begin with 'Come as You are' then in a safe environment we discover more deeply who we are and how to bring all our gifts together in Christ for his glory. We endeavour to build an affirming and positive atmosphere where we are all enabled to become more fully who God wants us to be. We learn many tools to help us to continue this work for the rest of our lives. We take the Trinity as our model, our source of strength and our inspiration.

We cherish the unique opportunity to experience living in a multicultural community. Through meticulous reflection and diligent practice we invite you to embark on a journey of greater self-awareness that requires you to slow down, observe and ultimately embrace the full spectrum and gift of your emotions.

Thus, we are enabled with love and caring to facilitate those in our communities, to follow a similar journey learning to Live in Process/Live in the Present Moment/Live in the Presence of God.

Past participants describe it as a privilege to live in a caring, warm atmosphere in which they are affirmed and built up, enabling them to share their concerns and difficulties, learn from them and experience greater integration and healing.



Our Award Levels

The Institute awards Diplomas that are in line with the Framework for Higher Education Qualifications levels, set by the British Government.

The First Year Diploma Programme is a Level 5 programme.

The Second Year Advanced Diploma Programme is a Level 6 programme.

The Third Year Higher Diploma Programme is a Level 7 programme

These programmes are inspected and officially accredited from the UK.

For more information, see <https://www.gov.uk/what-different-qualification-levels-mean/list-of-qualification-levels>

Level 8 is the highest level



Vatican

At Il Carmelo a warm welcome awaits you.

It is run by the Carmelite Fathers O.Carm. The Institute of St. Anselm is situated at one side of the campus, just inside the main gate. All rooms are ensuite. There is a large simple garden with beautiful trees providing a quiet natural setting. The food is excellent Italian food. It is a 20/25 minutes walk to the nearest train station, Acqua Acetosa. From here the train to Roma Termini takes just 20 minutes. There are more trains from Ciampino. To Ciampino Airport it is a ten minutes drive. We rarely hear the planes!



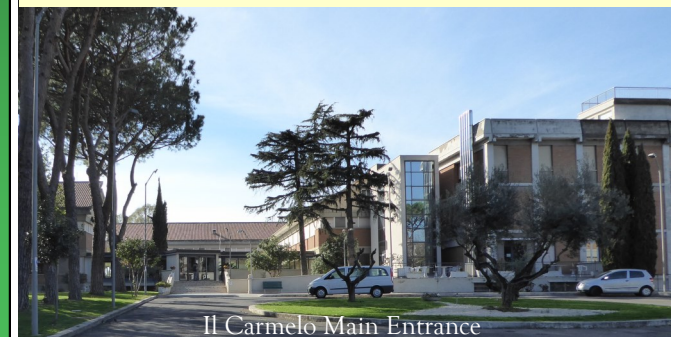
Restaurant

Programme Contents

The content of the programmes encourages reflection on your relationship with God, with others and with yourselves. As a participant you will be guided in the process of getting to know yourself better through a deeper understanding of your emotional life, your spiritual life and your general patterns of behaviour.

In one-to one, growth facilitation practice and participation in growth groups you will develop your listening skills and improve your relating skills. You will be helped to work towards a greater simplicity of life and a readiness to forgive and be reconciled with others, recognizing God's infinite mercy with our weaknesses.

You will learn to use what happens to you, including the differences found in others, as a gift from God and an opportunity to develop your process of personal growth and integration. As you leave the Institute of St Anselm, with many tools, you will have the means to help you to 'live in an on-going process' for the rest of your life.



Il Carmelo Main Entrance